



# WEEK 2: GET YOUR GAME ON

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00am-9:50am	<b>Morning Circle:</b> This will be an opportunity to have those who are signed on to share greetings with staff and other participants.				
10:00am-10:50am	<b>Sports Equipment Decorating + Baseball Man Craft</b>	<b>Decorate Jerseys + Favourite Sport Drawings</b>	<b>Create Your Own Sport</b>	<b>Sports Trivia</b>	<b>Group Activity: Interactive Movie</b>  
11:00am-11:50am	<b>DIY Puzzles + Virtual Roller Coaster Rides</b>	<b>Medal Craft + Watermelon Fan Craft</b>	 <b>11am-1pm</b>	<b>Book Reading + BINGO</b>	
12:00pm-12:50pm	<b>Lunch:</b> This will be an opportunity to have participants and staff share lunch together virtually or for participants to sign off and have lunch or a break individually and re join us for the afternoon if they choose.				
1:00pm-1:50pm	<b>Indoor Scavenger Hunt</b>	<b>Virtual NBA Field Trip</b>	<b>LUNCH</b>	<b>Balloon Tennis</b>	<b>Show &amp; Tell</b>
2:00pm-2:50pm	<b>Zumba Dance Session</b>	<b>Fitness BINGO</b>	<b>Freeze Dance</b>	<b>Zumba Dance Session</b>	<b>Word Games</b>
3:00pm-3:50pm	<b>Yoga/Meditation Session</b>	<b>Karate for Beginners</b>	<b>Yoga/Meditation Session</b>	<b>Intense Simon Says</b>	<b>Yoga/Meditation Session</b>